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APPENDIX 1

Calculation of Couple-Years of Protection (CYP)

As it was mentioned in the text, Couple-Years of Protection (CYP) depends on the transformation of methods distributed to years of protection from the risk of pregnancy for a year assuming that all contraceptives distributed will be used efficiently.

The equation that used to calculate CYP can be written as follows:

\[
\text{CYP} = \frac{\text{Pills (21 or 28 tablets)}}{13} + \text{IUDs} \times 2.5 + \\
\text{Condom/100} + \text{Injectables/4} + \text{Diaphragm} \times 1 + \\
\text{Jelly} \times 0.18 + \text{Foam Tablets/100}
\]

This equation is used in all the statistical reports of the National Population Council of Egypt.